

100 Problem Solution Essay Topics with Sample Essays

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What is a Problem Solution Essay?

Problem Solution Essays:

- describe a problem vividly
- propose a solution
- argue that the solution is practical, feasible, cost-effective and workable
- explain why this solution is better than other solutions

Still struggling about a topic? Scan the lists below of topic ideas my college students have written about. Remember that you can adapt these general ideas to fit your own school, town or situation.

- Pick a couple of topics you are interested in and then look at [Problem Solution Essay Guide](#) for ideas on to develop that topic.
- Also see: [How to Write a Problem Solution Essay: Step by Step Instructions](#).
- If you are teaching Problem Solution essays, or want some other insights, you might want to look at my article [How to Teach a Problem Solution Essay](#).

Social Issues for Problem Solution Essays

1. How can we help homeless people in our community?
2. How can we prevent people from dropping out of high school?
3. What is the best way to prevent teen pregnancy?
4. How can kids be best convinced not to experiment with drugs?
5. What is the best solution to preventing deaths from drunk driving?
6. How can teenagers be convinced to drive more safely?
7. What can be done to prevent divorce?
8. How can kids whose parents have been divorced be helped to do well in school, have good relationships and successful lives and marriages?
9. What can be done to eliminate or prevent racism?
10. What is the best way to help people who are victims of family violence?
11. How can we change welfare to help people escape generational poverty?
12. How can we deal with the problem of illegal immigration?
13. What should we do about the increase in gun violence?
14. How can we best rehabilitate prisoners so that they can be productive members of society?
15. How can health care be given more equally around the world?
16. How can we improve literacy?
17. What can be done to prevent human trafficking?

Solving Social Problems



Motorcyclists. Should there be helmet laws to prevent injuries and death?
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Solving Problems

What type of problem are you most interested in solving?

- Social Problems
- Relationship Problems
- Sports and Entertainment Problems
- Family Problems
- Education problems
- Other--tell us in the comments below!

[See results without voting](#)

Relationship Problem Solution Essay Topics

1. How can we prevent social media bullying?
2. What is the best way to help someone who is depressed?
3. How can you deal with manipulative and domineering people?
4. How can you help a friend or roommate who is making poor life choices?
5. How can you get out of a bad relationship?
6. How can you move out of the "friend zone"?
7. What is the best way for a woman to show a man she is interested? Should she ask him out?
8. How has texting affected face to face relationships? What can be done to make sure that people today actually know how to

18. How can we prevent children from being negatively influenced by violence and pornography in media such as video games, movies and the Internet?
19. How can we persuade people to make healthy lifestyle choices like not smoking, exercising and keeping a correct BMI?
20. How can we balance the right for free speech with the right to not be insulted or abused?
21. Choose a city you know. How can that city be made more bicycle and pedestrian friendly?
22. How can we best reduce the problem of terrorism?
23. Should there be controls on the media in the way they portray celebrities?
24. How can we handle the problem of data mining, or the fact that our social profile is being used by businesses and colleges?
25. What should we do to help people get jobs?

Problem Solution Essays about Sports

1. How can steroid use be limited in sports (or pick a particular sport to talk about)?
2. Should college athletes be paid? How can colleges handle the combination of athletics, college educations and business better?
3. Do kids train too hard in athletics at young ages? What is the best way for a young athlete to learn a sport? (You might want to talk about a particular sport you know well).
4. How can coaches best encourage their athletes to do their best?
5. Think about your local sports team. What can be done to make that team more effective? How can the fans be made to support the team more?
6. Pick your favorite sport. How can someone best prepare themselves to be excellent at that sport?
7. How can sports media be more effective at covering a sport you like to watch? Should the announcers be biased or not? Which games should be covered? What types of interviews and special features make the sport more interesting to watch.
8. How should a coach or player handle media interviews when they lose a big game?
9. How can players prepare themselves for the inevitable loss in sports?
10. What should professional players do to prepare themselves for retirement or injury?
11. Pick your favorite sport. How much should players get paid? Should there be salary caps? How should money be divided?
12. Think about your favorite venue to watch sports live. What could be done to make that venue a better place to watch the sport?

College Life Problem Solution Topics

1. How can college be made more affordable?
2. How can college students study effectively to make better grades?
3. How can a student avoid procrastinating?
4. How can college students avoid the "Freshman 15" and eat healthy in college?
5. How can college students keep in shape and work out when

have "real" relationships?

9. How can we get away from stereotypes and racism? What steps can we take as a society? What steps can we take personally?
10. How can we learn to understand people who are different from us culturally, racially or social class? How can we break down barriers between people groups?

Sports Solution Papers



Swim team. Should schools offer more non-traditional sports?

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Sample Problem Solution Essays

[Solving the Problem of the "Freshman 15"](#)

[How to Solve the Problem of Dirty Dorm Showers](#)

[Solving the Problem of Media Trials](#)

[Solving Room Mate Troubles](#)

College Solution Ideas

they aren't in sports like they were in high school?

6. What is the best way for college students to balance work, studying, classes and social life?
7. How can college students handle problems with room mates?
8. How can college students ask parents for more money effectively?
9. How can parents of college students let go?
10. What is the best way for college students to convince their parents to let them be independent?
11. What should you do about loud neighbors in your dorm or apartment?
12. How can you handle a long distance relationship in college?
13. What can college students do when they have a suicidal friend?
14. How can college students decide on a major?
15. How should you decide what college to attend?
16. What should you do if you don't get something you had expected and hoped for like a scholarship, college admission, or acceptance into a special program?
17. How can students learn to be better test takers?
18. How should college instructors handle attendance in class?
19. What can be done to make college students more active participants in politics and elections?
20. How can colleges be made more safe?
21. Should parents be allowed to know the grades of their students in college? How can colleges help students who are failing get back on track?
22. What can be done to help relieve stress in college?
23. How can students solve the problem of not being able to pay attention in class?
24. How can college students overcome homesickness?
25. How can college students manage their money effectively?
26. What can be done to make college more affordable? Should the government support college education more?
27. How should a student decide whether to rush a sorority or fraternity?



College class: Should college professors be required to use formats other than lecturing?
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Education Problem Solution Essay Topics

When you do a Problem Solution Essay topic about education, you can narrow your paper topic to talk just about your own state, or even your own school.

1. How can we make education better for kids who have trouble in school?
2. How can schools help the problem of childhood obesity?
3. How can schools best educate special education students?
4. How can schools better allocate money and resources for sports, fine arts and other special programs?
5. What should be done about misbehaving and disrupting students?
6. What should be done to make Gifted and Talented education programs effective?
7. How can we help kids who are in failing schools?
8. How can home schooled kids be helped to be ready for college?
9. What can be done to stop bullying, teasing and violence in schools?
10. How can we be sure that students are learning what they need to know? Is a nationalized test the answer? How should testing in schools be handled?
11. How can cheating in school be best handled? What can teachers do? What should students do?
12. Should all students be required to learn a foreign language? Should we start teaching languages like Chinese or Arabic more?
13. Should schools move to all digital textbooks? Is it a good idea to give every child an iPad or laptop? How can schools adapt to changing technology?
14. Should schools have a common core curriculum? If so, what

should that be like? What does every student need to know?

15. Would the United States benefit from changing to a more European style education system?
16. Should schools require more physical education? How can schools help develop a healthier society?

Parenting and Family Life Problem Solution Topics

1. How can parents handle their child's cell phone and social media use appropriately?
2. Should parents be held responsible for the obesity of their children? (and perhaps be removed from the home?).
3. How can parents help their children have a correct body image and avoid eating disorders?
4. What can be done about parents who push too hard for their children to achieve in sports, academics, fine arts or another area?
5. What can be done to increase the number of children who are adopted? To prevent people from aging out of the child welfare system without a family who cares for them?
6. What is the best way to help families who have a child with mental illness?
7. How can parents teach their children about money management?
8. What is the best way for parents to discipline their children?
9. How can parents encourage their children to be honest?
10. What is the importance of a religious education? How should parents handle teaching faith to their children?

Problem Solution Topics about Driving

1. What should be done about the problem of texting and driving?
2. How can parking be handled better on your college campus (or other busy area you know where it is difficult to park)?
3. What is the best way for students to be trained to be good drivers? Should there be any changes to the current laws of your state?
4. How can traffic movement around your town be changed so that driving is easier and less stressful?
5. How can people be encouraged to take public transportation? What needs to be done to make public transportation an effective possibility for more people in your town?
6. How should we encourage people to be better drivers?
7. What should the speed limits be? Are there any changes in the traffic laws that would make driving better?
8. What is the best way to find the route to some place you've not been before? GPS? Google Maps? Directions from a friend? How can beginning drivers be helped best?
9. What are the worst traffic violations? How can these be prevented?
10. Is the current driver's education in your state effective? What can be done to improve it?
11. What is the best way to prevent DUI and deaths due to drunk driving?

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Essay Topics about Children



Kids Playing Outside. How can parents encourage children to spend more time outside playing?

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Solving Issues about Driving



Teen Driver: How can beginning drivers be trained better?

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